



Mechanism Instructions - Q31

Seating Inc.

P.O. Box 898 ♦ 60 State Street ♦ Nunda, NY 14517 ♦ Tel: 800•468•2475 ♦ seatinginc.com

Tilt Resistance - Turn the Hand Wheel counter clockwise to increase the tension for heavier people, clockwise to decrease the tension for lighter people.



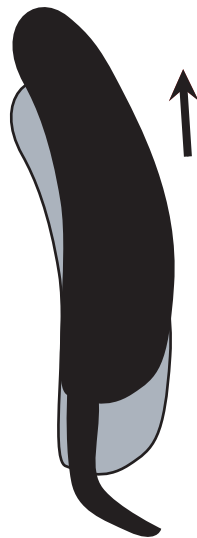
**Q31
Heavy Duty Swivel Tilt**

Tilt Adjustment

To engage upright tilt lock push lever in towards the mechanism. To disengage, pull the lever out away from the mechanism.

Pneumatic Lift Adjustment

Rotate backwards and push downwards to adjust height.



**Quick Set Back Height
Adjustment**

Step 1

Release Back Height

While sitting in the chair put both hands behind you under the back cushion of the chair. Pull the back cushion up to it's highest possible position - then let go and allow it to drop all the way down. Push gently down on the cushion to make sure it is has returned all the way to the bottom.

Step 2

Back Height Adjustment

While sitting in the chair put both hands behind you under the back cushion of the chair and pull up slowly until you hear the mechanism click. Let go and test the back height. Repeat the procedure until it has reached the desired height.