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E37 Mechanism Instructions



- ① **Tension Adjustment:**
Set mechanism to be “Free Floating” (see Step 3)
Turn the knob (under mechanism, not shown in photo)
counter clockwise to increase the tension for more
resistance, turn knob clockwise to decrease the tension for less resistance.
 - ② **Pneumatic Lift Adjustment:**
Lift lever towards seat to activate height adjustment.
 - ③ **Tilt Adjustment:**
Pull tab up to allow for free floating positions.
To lock into desired tilting position, push the tab down.
- All adjustments are made while seated.