



Health Stool/Sit-Stand/Leg Rest Disassembly



1 Chair Series: **HEALTH**

Tools Required: Phillips & Flat Head Screwdrivers, Needle Nose Pliers, Staple Puller, Hammer

2 The base is press fitted to the cylinder. The receiving hole of the base is tapered.

Turn the chair over and firmly hold a base leg in one hand using upward pressure away from cylinder. Using the steel hammer with the other hand, Strike firmly on the bottom edge of the cylinder. The base will then release from the cylinder. This may take a few strikes with the steel hammer.



3 The cylinder is press fitted to the mechanism. The receiving hole of the mechanism is tapered.

With the chair still in a flipped position, firmly hold cylinder in one hand using upward pressure away from the mechanism.

Using the steel hammer with the other hand, Strike firmly on the mechanism.

The cylinder will then release from the mechanism. This may take a few strikes with the steel hammer.



4 Remove the arm pad if applicable. Turn the chair over. Using the phillips head screwdriver, remove the 4 screws that hold the arm pad to the underside of the steel arm support.



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5 The seat is mounted to the mechanism with 4 screws.
Using the phillips head screwdriver, remove the 4 screws.



6 The upholstery is stapled to the wood substructure. Using the staple puller, remove the staples.



7 The upholstery is glued to the foam cushion. The foam cushion is glued to the wood substructure. Pull the upholstery away from the foam cushion. Pull the foam cushion away from the wood substructure while using the flat head screwdriver or the staple puller to assist the release.



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| 8 Parts List: | Composition: |
| 4 Screws | ♻️ Steel |
| Staples | ♻️ Steel |
| 1 Substructure | Wood |
| 2 Upholstery Pieces | Fabric, Vinyl, or Leather |
| 1 Cushion | Foam |
| 1 Mechanism | ♻️ Steel |
| 1 Cylinder | ♻️ Steel |
| 1 Base | Plastic |
| Casters/Glides | Plastic |
| If Applicable: | |
| 1 Arm Pad Cushion | Foam |
| 2 Arm Upholstery Pieces | Fabric, Vinyl, or Leather |
| 1 Arm Substructure | Wood |
| 4 Screws | ♻️ Steel |

We strive to use North American (non-imported) components in our manufacturing process
Proudly Manufactured in Western New York!

