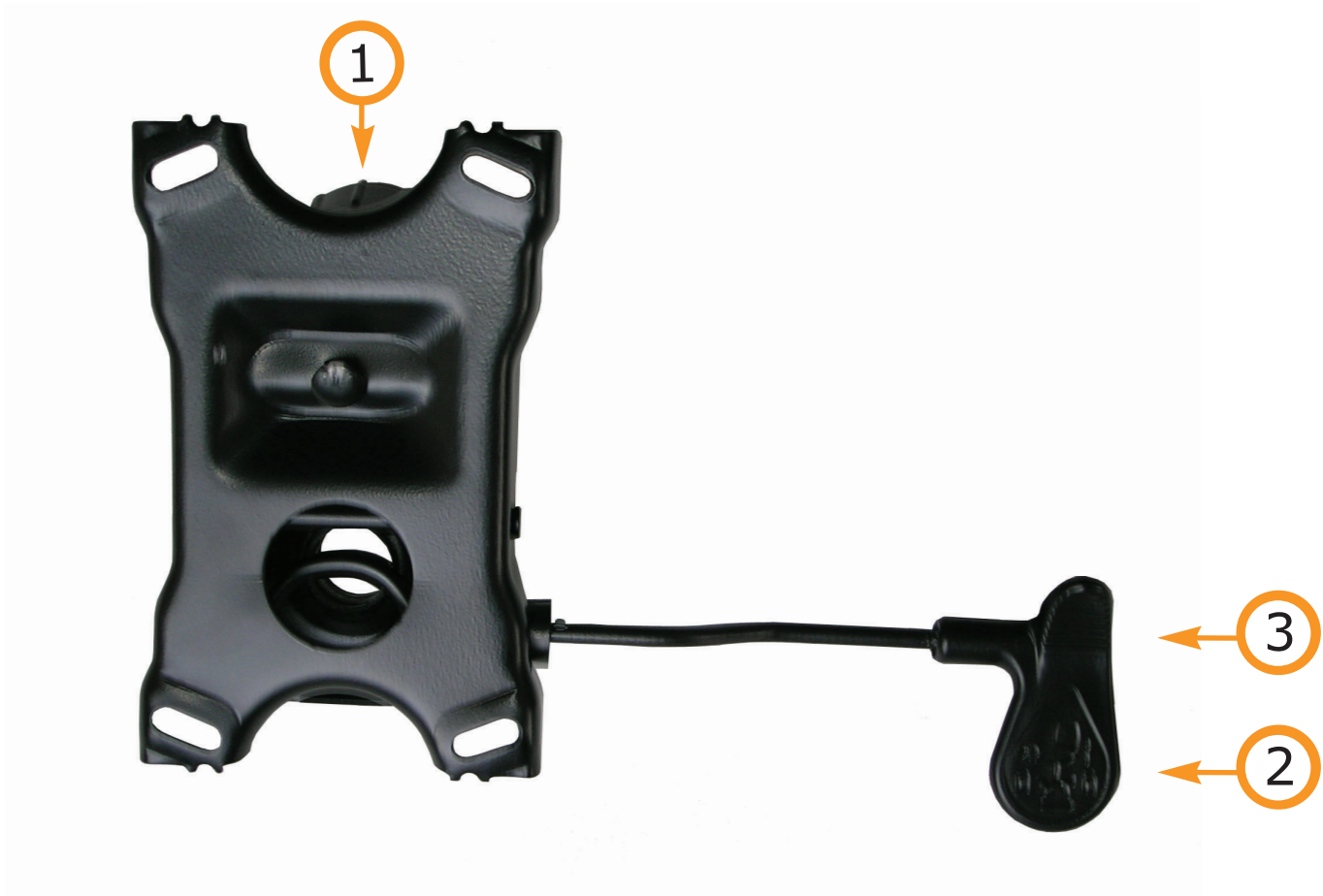




# E31 - HD Swivel Tilt

## Mechanism Instructions



### ① **Tension Adjustment:**

Turn the knob (under mechanism, slightly shown in photo) counter clockwise to increase the tension for more resistance, turn knob clockwise to decrease the tension for less resistance.

### ② **Pneumatic Lift Adjustment:**

Lift lever towards seat to activate height adjustment.

### ③ **Tilt Lock Adjustment:**

To engage upright tilt lock, push the lever toward the mechanism.  
To disengage, pull lever away from the mechanism.

All adjustments are made while seated.